



AVINO SILVER & GOLD MINES LTD.

Working to Reactivate the Avino Mine near Durango, Mexico



KEY ASSET - THE AVINO MINE

Historic Production:

- 16 million ounces silver;
- 96,000 ounces gold;
- 24 million pounds of copper.

The Avino Mine is located northeast of Durango, Mexico in an area long known for mineral wealth and long-term mining. The mine operated almost continuously for 27 years, from 1974 to 2001. Operations were suspended in 2001 due to low metals prices and the closing of a key smelter.

Bulk Sampling Expected to Begin First Quarter 2010

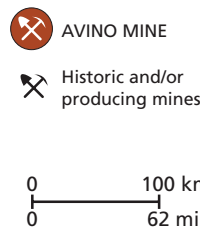
Avino Silver & Gold Mines is an aggressive, Vancouver-based mining and exploration company with properties in Canada & Mexico. The company's key asset is the Avino Mine, an important historical producer of silver, gold, zinc, copper and lead. Higher metals prices and new discoveries on the Avino property's San Gonzalo vein have greatly improved the economics and feasibility for potential production.

Over the past two years, Avino has invested in extensive rehabilitation and modernization of the mine and mill. This work is now nearly complete. Mining permits are in place, and the company has had positive discussions with a Mexican smelter to take all of the mine's concentrate. Cash flow analysis and economic modeling are also underway. As a result, a 10,000-tonne bulk sampling program is expected to begin during the first quarter of 2010. Ore will come from the high-grade San Gonzalo zone, located 2 km from the original Avino Mine. This zone continues to expand. A new NI 43-101 resource was completed in 2008, and metallurgical tests showed 93% recovery rates by bulk flotation. These factors led to the decision to mine the bulk sample.



Outstanding Drill Results from San Gonzalo Zone

Drilling at San Gonzalo in 2007-08 produced outstanding results. Highlights included Hole SG-07-24 which intersected 1.45m grading **3,908 g/t silver and 13.71 g/t gold**, and Hole SG-07-14, with 1.0m grading **3,623 g/t silver and 3.84 g/t gold**. (See reverse for more drilling highlights. Complete results available at www.avino.com.)



DURANGO, MEXICO

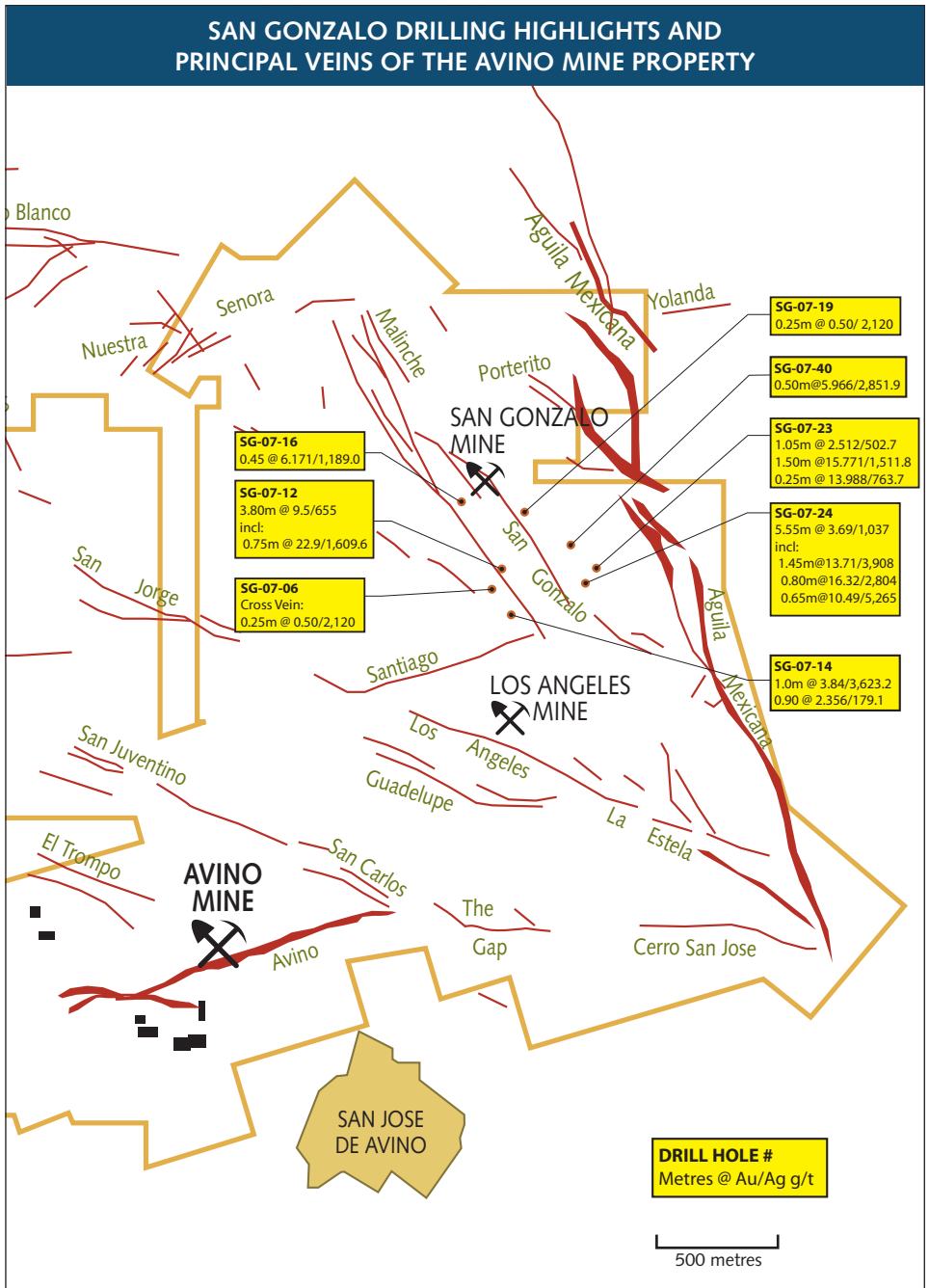
The Durango region of west-central Mexico is one of the country's most important mining districts for both precious and base metals.



2007 DRILLING HIGHLIGHTS - SAN GONZALO ZONE*

Hole #	Intercept (Metres)	Au (g/t)	Ag (g/t)
SG-07-01			
Santiago Vein	2.70	1.19	227
San Gonzalo Vein HW	4.85	0.64	343.2
San Gonzalo Vein FW	2.4	2.41	712.4
SG-07-02			
San Gonzalo HW	4.45	6.11	583.8
SG-07-03			
San Gonzalo Vein	1.25	3.57	341
SG-07-04			
Santiago Vein	6.45	0.21	364
Including	1.05	0.29	990
	0.90	0.49	433
SG-07-06			
Santiago Vein	3.50	0.40	226
Cross Vein	0.25	0.50	2,120
SG-07-07			
San Gonzalo Vein	2.60	2.85	351
SG-07-09	0.70	2.051	397.9
SG-07-10	0.35	5.143	992.3
	0.90	2.914	291.8
	0.75	4.183	926.8
	0.50	4.114	575.9
SG-07-12	3.80	9.5	655.0
Including	0.75	22.902	1,609.6
	0.65	8.366	898.0
	0.70	13.508	427.6
	0.80	1.890	283.6
SG-07-13	3.59	1.39	230.0
	1.00	0.778	500.6
	0.80	3.153	238.9
SG-07-14	1.00	3.840	3,623.2
	1.00	0.478	202.6
SG-07-15	0.40	0.743	>200
SG-07-16	0.45	6.171	1189.0
	0.55	0.253	326.4
SG-07-18	0.55	0.215	145.5
SG-07-19	0.50	94.421	265.7
SG-07-20	0.65	0.419	648.8
	0.55	2.454	839.2
SG-07-23	0.70	0.425	254.0
	1.05	2.512	502.7
	1.50	15.771	1511.8
	0.25	13.988	763.7
SG-07-24	5.55	3.69	1,037
Including	1.45	13.71	3,908
	0.80	16.32	1,511.8
	0.65	10.49	5,265
SG-07-31	0.45	1.08	449.3
SG-07-40	0.50	5.966	2,851.9
	.55	.059	390.0

* For complete details on the above holes, including zinc, lead and copper values and results from other zones, please visit our website at www.avino.com.



Avino's exploration drilling in 2007-08 totaled more than 26,000 metres. Exploration has focused on the area of the San Gonzalo Zone, where 11,000 metres of drilling has encountered significant silver, gold, zinc and lead mineralization. Avino is also investigating other zones on the property with significant potential for expansion and new discoveries.

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Exchange Listings:
 TSX Venture, **ASM**
 US OTCBB, **ASGMF**
 Frankfurt/Berlin-Bremen, **GV6**

Share Data:
 Recent Price C\$.60
 52-Week Range C\$.30 - \$.83
 Shares Outstanding 20,584,727
 Fully Diluted 25,124,777